

TRICEP PRESS (ADJUSTABLE RESISTANCE)



bidirectional resistance

UBX244

Equipped with

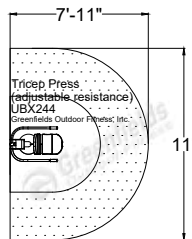
SafeStop



Target muscles
Secondary muscles

Strengthens:

- Arms (biceps, triceps)
- Chest
- Shoulders



CFH: <24"



VIEW THE VIDEO

<http://gfoutdoorfitness.com/adjustable-tricep-press-video/>



The Greenfields Advantage - this unit incorporates Safe-Stop technology for a workout that's smooth and hazard-free

