

SHOULDER PRESS (ADJUSTABLE RESISTANCE)



bidirectional resistance

UBX248

Equipped with

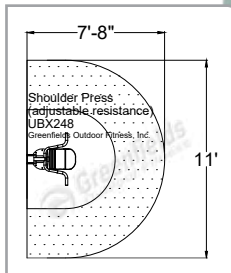
SafeStop



Target muscles
Secondary muscles

Strengthens:

- Chest
- Back
- Shoulders
- Arms (triceps)



CFH: <24"



VIEW THE VIDEO

<http://gfoutdoorfitness.com/adjustable-shoulder-press-video/>



This unit accommodates wheelchair users who are able to transfer

