

Promoting Wellness & Fighting Obesity One Community at a Time."



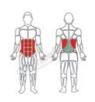
zeroil recoil

bidirectional resistance

ADJUSTABLE HIP TWIST

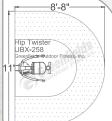
UBX-258

Equipped with SafeStop



Strengthens:

Core



Target muscles

Secondary muscles



The Greenfields Advantage - this unit incorporates SafeStop technology for a workout that's smooth and hazard-free



VIEW THE VIDEO



http://gfoutdoorfitness.com/adjustable-hip-twist-video/

