



## BENCH PRESS (ADJUSTABLE RESISTANCE)



bidirectional resistance

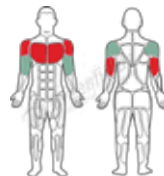
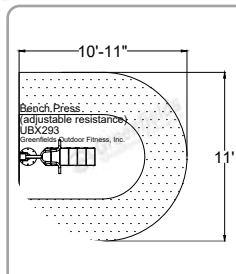
UBX293

Equipped with

**SafeStop**



*The Greenfields Advantage - this unit incorporates Safe-Stop technology for a workout that's smooth and hazard-free*



Target muscles

Secondary muscles

### Strengthens:

- Chest
- Shoulders
- Arms (triceps)

This unit accommodates wheelchair users who are able to transfer

CFH: <24"



VIEW THE VIDEO



<http://gfoutdoorfitness.com/adjustable-bench-press-video/>