

LEG EXTENSION & CURL (ADJUSTABLE RESISTANCE)

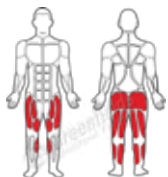


bidirectional resistance

UBX298

Equipped with

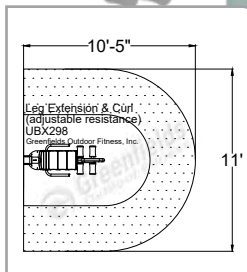
SafeStop



Target muscles
Secondary muscles

Strengthens:

- Glutes
- Leg muscles



CFH: <24"



The Greenfields Advantage - this unit incorporates Safe-Stop technology for a workout that's smooth and hazard-free



VIEW THE VIDEO

<http://gfoutdoorfitness.com/adjustable-leg-extension-and-curl-video/>

