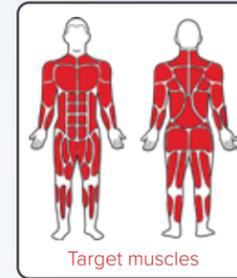


FUNCTIONAL FITNESS RIG

SHP515



Featuring a vast array of advanced exercises:

- | | | |
|---------------------|-----------------|-------------------------|
| High Rings | Lat Pull-Ups | Sit-Ups |
| Cannonball Pull-Ups | Dips | Leg Raises |
| Ball Target | Stretching Post | Suspension Trainers |
| Swedish Ladder | Ring Rows | Battle Ropes* |
| Stretching | Incline Ladder | S-Shaped Fitness Ladder |
| S-Shaped Pull-Ups | Split Squat | Climbing Rope |

www.greenfieldsfitness.com/functional-fitness-rig-video/

*The Battle Rope is an accessory which is not intended to be left unattended on the equipment. Greenfields recommends that the Battle Rope be made available at a nearby facility for check-out by users.

SEE THE VIDEO



Due to the height of some of the components in this unit, Greenfields recommends Fall Attenuating Surface Material to be used.



S-Shaped Pull-Up Bar



Ring Rows



Cannonball Pull-Ups



Battle Ropes*



Dip Bar



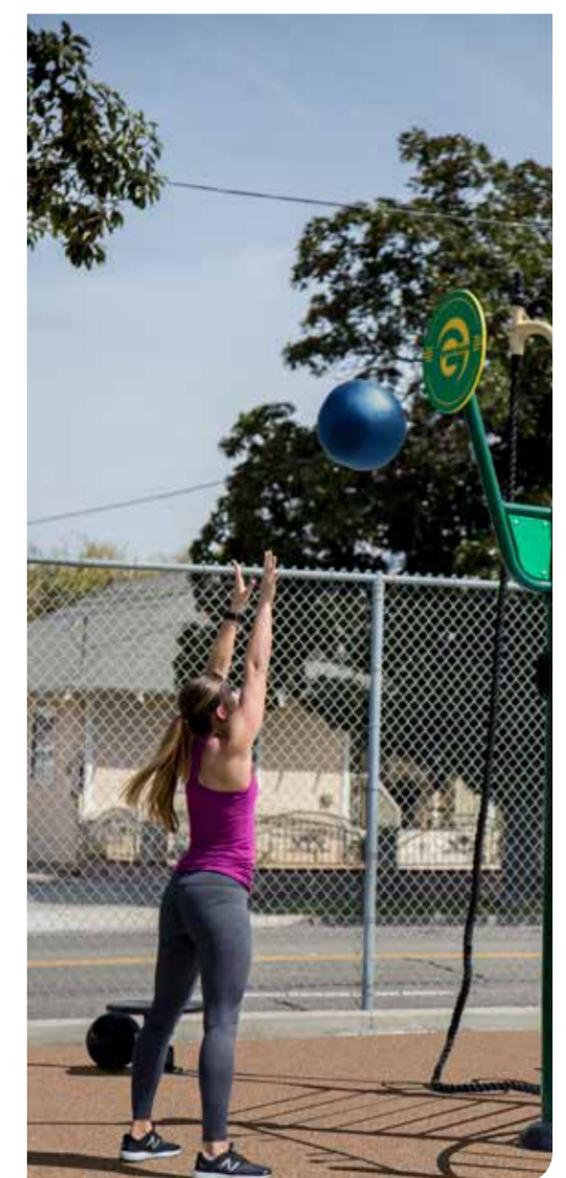
High Rings



S-Shaped Ladder



Climbing Rope



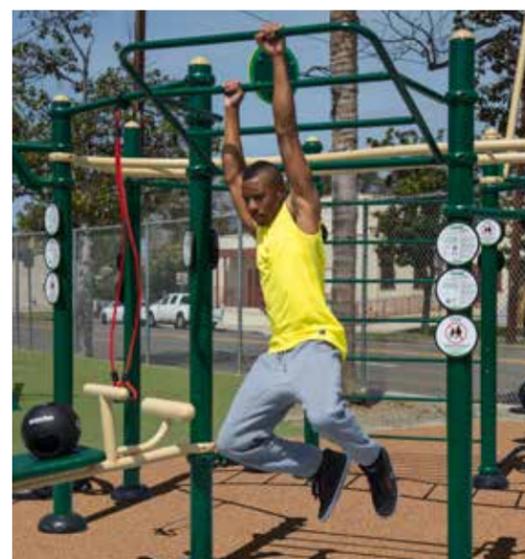
Ball Target



Stretching Post



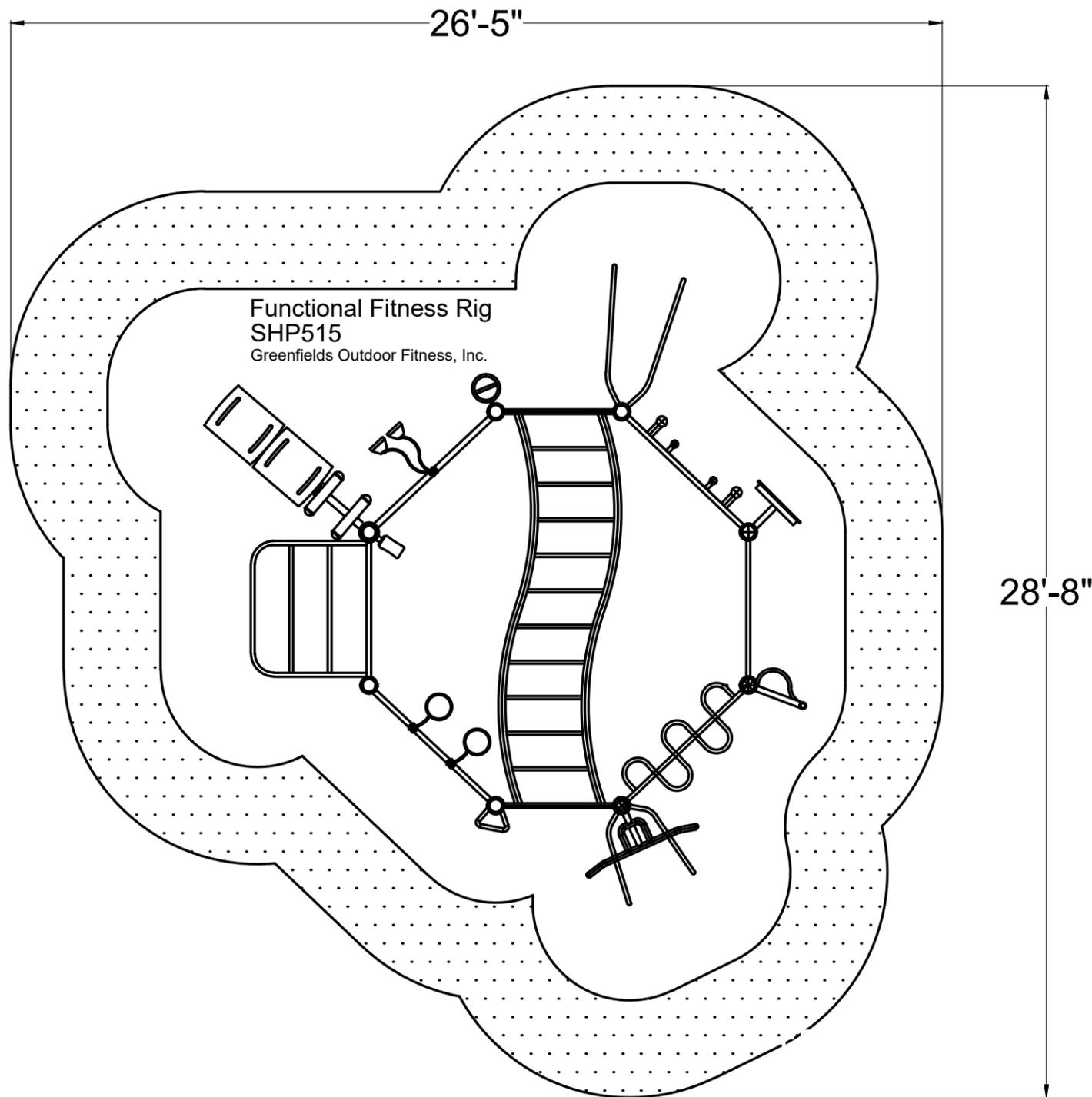
Lat Pull-Up Bar



Incline Ladder

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Sit-Up Bench



Suspension Trainer



Swedish Ladder



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