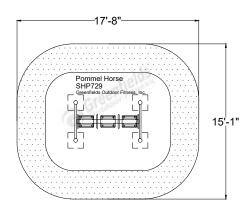
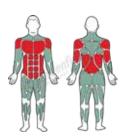


POMMEL HORSE

SHP729





Target muscles
Secondary muscles



Strengthens shoulders, chest, core and triceps

